

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>SAGEBROOK SENIOR LIVING AT SAN FRANCISCO</p>	<p>1</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 🎲 Prize bingo PM 🎮 B&B club PM 🏠 Sagebrook social hour PM 🎬 Monday movie night</p>	<p>2</p> <p>AM ♥ Exercise AM 📞 Daily chronicle 10:30 🎵 Music therapy PM ★ Creative corner: watercolor painting PM ♥ Active challenges 2:00 🍷 What's cookin? apple pie bites PM 🎧 LCR PM ♥ Musical wind down</p>	<p>3</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 📖 Word wise PM ♥ Motor skill mania 3:00 🎲 Resident's choice games PM 🎧 Short stories</p>	<p>4</p> <p>AM 📖 Daily chronicle 11:30 🍷 4th of July backyard BBQ! PM 🎲 Let's play cards PM 🌐 Reminiscing with the senses PM ♥ Tic-tac-toss PM ♥ Meditating to music</p>	<p>5</p> <p>9:30 ♥ Doctor drives begin AM ♥ Exercise AM 📞 Daily chronicle 1:15 ★ Catholic communion offering PM ★ Color me calm PM ♥ Walk of fame PM 🌐 Let's have a laugh: comic strip reading PM 🎧 Sing along PM 🎧 Evening magazine chat</p>	<p>6</p> <p>Tour De France begins AM ♥ Exercise AM 📞 Daily chronicle 10:30 ★ Scenic drive & walking club: Fort Cronkwhite PM 🌐 Picture this PM 📖 Right on PM ♥ Active challenges PM 🎲 Prize bingo PM 🎧 Movie & popcorn</p>
<p>7</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM 🎬 Classic matinee PM 📖 Right on PM ♥ Team building PM 🎲 Let's play cards PM 🎧 Evening tea & talk</p>	<p>8</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 🎲 Prize bingo PM 🎮 B&B club PM 🏠 Happy hour: Mike & Marian PM 🎬 Monday movie night</p>	<p>9</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM ★ Creative corner: fork fireworks PM 📖 Active challenges 2:00 🍷 What's cookin? blueberry dump cake PM 🎧 LCR PM ♥ Musical wind down</p>	<p>10</p> <p>AM ★ Yoga AM 📞 Daily chronicle PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM ★ One Day App: leave your legacy PM ♥ Motor skill mania 3:00 🎲 Resident's choice games PM 🎧 Short stories</p>	<p>11</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ★ Creative corner: 3D drawing PM 🎲 Let's play cards PM 🌐 Reminiscing with the senses PM ♥ Tic-tac-toss PM ♥ Meditating to music</p>	<p>12</p> <p>World Cup Soccer tournament begins 9:30 ♥ Doctor drives begin AM ♥ Exercise AM 📞 Daily chronicle 1:15 ★ Catholic communion offering PM ★ Color me calm PM ♥ Walk of fame PM 🌐 Let's have a laugh: funny dogs PM 🎧 Sing along PM 🎧 Evening magazine chat</p>	<p>13</p> <p>AM ♥ Exercise AM 📞 Daily chronicle 10:30 ★ Scenic drive & walking club: Fort Funston PM 🌐 Picture this PM 📖 Right on PM ♥ Active challenges PM 🎲 Prize bingo PM 🎧 Movie & popcorn</p>
<p>14</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM 🎬 Classic matinee PM 📖 Right on PM ♥ Team building PM 🎲 Let's play cards PM 🎧 Evening tea & talk</p>	<p>15</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 🎲 Prize bingo PM 🎮 B&B club PM 🏠 Sagebrook social hour PM 🎬 Monday movie night</p>	<p>16</p> <p>Apollo 11 50th anniversary AM ♥ Exercise AM 📞 Daily chronicle 1:15 🍷 What's cookin? crescent moon pizza bites PM 🌐 Creative corner: dot to dot mystery PM 📖 Active challenges 2:00 ★ Monthly art project w/ Ana PM 🎧 LCR PM ♥ Musical wind down</p>	<p>17</p> <p>Happy national ice cream month! AM ♥ Exercise AM 📞 Daily chronicle PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 📖 Word wise PM ♥ Motor skill mania 3:00 🎲 Ice cream social PM 🎧 Short stories</p>	<p>18</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call 12:00 🍷 BBQ lunch with family & friends PM ★ Creative corner: croquet color in PM 🎲 Let's play cards PM 🌐 Reminiscing with the senses PM ♥ Tic-tac-toss PM ♥ Meditating to music</p>	<p>19</p> <p>9:30 ♥ Doctor drives begin AM ♥ Exercise AM 📞 Daily chronicle 1:15 ★ Catholic communion offering PM ★ Color me calm PM ♥ Walk of fame PM 🌐 Let's have a laugh: classic jokes PM 🎧 Sing along PM 🎧 Evening magazine chat</p>	<p>20</p> <p>AM ♥ Exercise AM 📞 Daily chronicle 10:30 ★ Scenic drive & walking club: Brisbane Marina PM 🌐 Picture this PM 📖 Right on PM ♥ Active challenges PM 🎲 Prize bingo PM 🎧 Movie & popcorn</p>
<p>21</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM 🎬 Classic matinee PM 📖 Right on PM ♥ Team building PM 🎲 Let's play cards PM 🎧 Evening tea & talk</p>	<p>22</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 🎲 Prize bingo PM 🎮 B&B club PM 🏠 Sagebrook social hour PM 🎬 Monday movie night</p>	<p>23</p> <p>AM ♥ Exercise AM 📞 Daily chronicle 10:30 🎵 Music therapy PM ★ Creative corner: clay creations PM 📖 Active challenges 2:00 🍷 What's cookin? rainbow rice krispie treats PM 🎧 LCR PM ♥ Musical wind down</p>	<p>24</p> <p>AM ★ Yoga AM 📞 Daily chronicle PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM ★ One Day App: leave your legacy PM ♥ Motor skill mania 3:00 🎲 Resident's choice games PM 🎧 Family night happy hour w/ piano stylings by Bill Tobey</p>	<p>25</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ★ Creative corner: abstract bubble art PM 🎲 Let's play cards PM 🌐 Reminiscing with the senses PM ♥ Tic-tac-toss PM ♥ Meditating to music</p>	<p>26</p> <p>9:30 ♥ Doctor drives begin AM ♥ Exercise AM 📞 Daily chronicle 1:15 ★ Catholic communion offering PM ★ Color me calm PM ♥ Walk of fame PM 🌐 Let's have a laugh: silly birds PM 🎧 Sing along PM 🎧 Evening magazine chat</p>	<p>27</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM 🌐 Picture this PM 📖 Right on PM ♥ Active challenges PM 🎲 Prize bingo PM 🎧 Movie & popcorn</p>
<p>28</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM 🎬 Classic matinee PM 📖 Right on PM ♥ Team building PM 🎲 Let's play cards PM 🎧 Evening tea & talk</p>	<p>29</p> <p>AM ♥ Exercise AM 📞 Mental wake-up-call PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 🎲 Prize bingo PM 🎮 B&B club PM 🏠 Sagebrook social hour PM 🎬 Monday movie night</p>	<p>30</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM ★ Creative corner: the art of symmetry PM 📖 Active challenges 3:00 🍷 What's cookin? cheddar biscuits PM 🎧 LCR PM ♥ Musical wind down</p>	<p>31</p> <p>AM ♥ Exercise AM 📞 Daily chronicle PM ♥ Holistic hour: aromatherapy hand massage PM 🌐 Picture this PM 📖 Word wise PM ♥ Motor skill mania 3:00 🎲 Resident's choice games PM 🎧 Short stories</p>	<p>📶 Connected 📖 Intellectual ♥ Physical 🌐 Purposeful 🎲 Social ★ Spiritual</p> <p>“Do the best you can until you know better. Then when you know better, do better.” — Maya Angelou</p>		